## **SUMMER 2019 PROGRAM GUIDE**

pleasant Grove Park



## **FLUVANNA** Parks & Recreation

- Summer Day Camp
- Active Older Adults
- Athletics and Fitness
- Enrichment
- Outdoor Activities
- Special Events

Enjoy Disc Golf at Pleasant Grove Park's New 18 Hole Disc Golf Course!

OISC GOLF

### TABLE OF CONTENTS

•	Active Older Adults2
•	Summer Day Camp3
٠	Carnival7
٠	Outdoor Activities8
٠	Disc Golf10
٠	Athletics and Fitness12
٠	Dog Obedience14
•	Tween Night16
•	County Fair17
٠	Library Summer Programs19
•	Master Naturalist Monthly Hikes21
•	Share the Trail22
•	Rates and Rentals23
٠	Registration Form24
٠	FCPR Facilities and Partners25

### **Financial Assistance**

FCPR offers scholarships to Fluvanna County residents who qualify. Please fill out a scholarship application and provide a copy of your most recent pay stub for management to review. You can find the form on the Parks and Recreation website or at one of our offices. Each household member is allowed one discounted program per program guide.

### **Volunteer Opportunities**

We are committed to working cooperatively in the development of programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents.

### Interested in Teaching a Class?

Teaching doesn't have to be hard! We will help you. Tell us what you would like to teach, we'll help you create a curriculum, advertise the program, and bring you the students.

### Call (434) 589 - 2016 for information.

### HOW TO REGISTER FOR PROGRAMS

- Registration for all programs opens when the current program guide is distributed.
- You must be signed up one week prior to the first class of each session.
- You must be registered to participate in a program, unless listing states otherwise.
- Register online at https://fluvanna.recdesk.com and click "Log In".
- Register in person at the following locations during business hours:
  - 1. **Pleasant Grove House Museum,** 271 Pleasant Grove Drive, Palmyra, VA 22963 Monday - Friday, 8 AM - 5 PM & Saturday - Sunday 12 - 4 PM.
  - 2. Fluvanna Community Center, 5725 James Madison Highway, Fork Union, VA 23055 Monday Friday, 8 AM 5 PM.
- After business hours, you can leave registrations and payments in one of our drop boxes:
  - 1. Pleasant Grove Equestrian Parking, 271 Pleasant Grove Drive, Palmyra, VA 22963
  - 2. Carysbrook Sports Complex, 8788 James Madison Highway, Palmyra, VA 23055
  - 3. Fluvanna Community Center, 5725 James Madison Highway, Fork Union, VA 23055
- Payment is due one week before program starts.
- COURSE INSTRUCTORS DO NOT COLLECT FEES.
- A \$20 charge is added for returned checks.

**FCPR INCLEMENT WEATHER POLICY:** In the event of rain or inclement weather, the Fluvanna County Parks and Recreation trails including the disc golf course will be closed. In the event of severe storms, FCPR activities may be canceled. Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8 am - 5 pm.

## **ACTIVE OLDER ADULT CENTERS**

Fluvanna County's Senior Programs provide a variety of activities for those 55 and over. Join us for charitable projects, exercise games, games with prizes, trips, guest speakers, hot lunch and community forums. Please refer to our color-coded monthly program calendar posted at the County Library and on the FCPR Facebook page for current information and updates: www.Facebook.com/FluvannaParksandRecreation

Centers will be open unless there is inclement weather, see policy at bottom of page. Dates are subject to change, please call ahead (434) 842-3150 or check our Facebook page for current calendar.

All programs are free, unless otherwise indicated. We are actively seeking new members and volunteers are welcome. One-time visits are welcome, too!

**<u>Cunningham</u>**: Meets first and third Monday of the month, from 10 am - 2 pm. VFW Post 8169, 2997 West River Road, Scottsville, VA 24590

**Troy:** Meets first and third Tuesday of the month, from 10 am - 2 pm. Beaver Dam Baptist Church, 1794 Richmond Road, Troy, VA 22974



**Fork Union**: Meets every Wednesday of the month, from 10 am - 2 pm. Fluvanna Community Center, 5725 James Madison Highway, Fork Union, VA 23055 (RN provides free blood pressure and blood glucose screening, call ahead to confirm.)

**Kents Store**: Meets second and fourth Thursday of the month, from 10 am - 2 pm. ARC Building, Kents Store, 111 Kents Store Way, Kents Store, VA 23084

For questions, please contact Faith Stuart at 842-3150 or fstuart@fluvannacounty.org



Virginia Department of Veterans Services www.dvs.virginia.gov Need help? Visit us at the Fluvanna Community Center by appointment only. 5725 James Madison Highway Pamela Zirkle & Jeannette Flint (434) 295 - 2782 By appointment, 1st Wednesdays of each month from 9 - 11:30am

**FCPR INCLEMENT WEATHER POLICY:** In the event of rain or inclement weather, the Fluvanna County Parks and Recreation trails including the disc golf course will be closed. In the event of severe storms, FCPR activities may be canceled. Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8 am - 5 pm.

The Fluvanna County Parks and Recreation Summer Day Camp Program, Weeks 1 - 10 are limited to 20 registrants per week due to transportation capacity and counselor to camper ratio. Daily camp destinations are subject to change with inclement weather.

### WEEK 1: VIRGINIA THEME PARKS ~ SURF N' TURF Ages 6 - 13 / May 28 - May 31 / 7 am - 6 pm / \$180 / Meets at Carysbrook Gym

Start the summer off right! Bush Gardens, Water County USA, Kings Dominion and Soak City.

### WEEK 2: PALEO WEEK ~ VIRGINIA CAVES

### Ages 6 - 13 / June 3 - June 7 / 7 am - 6 pm / \$175 / Meets at Carysbrook Gym

Let's stay cool this week! Skyline Caverns, Luray Caverns, Indoor Rock climbing, Cobblestones Pool, Grand Caverns, Lake Monacan, Massanutten Waterpark and Shenandoah Caverns.

### WEEK 3: EXPLORER'S WEEK

### Ages 6 - 13 / June 10 - June 14 / 7 am - 6 pm / \$150 / Meets at Carysbrook Gym

Lewis and Clark Exploratory Center, Monticello, Onesty Pool, Natural Bridge and the Virginia Safari Park. Kings Dominion.

### WEEK 4: SPORTS WEEK LAKE MONTICELLO

### Ages 6 - 13 / June 17 - June 21 / 7 am - 6 pm / \$175 / Meets at Carysbrook Gym

Lake Residents will be able to drop off at the Clubhouse at 9 am and Pick-up at 4:30 pm Basketball, softball, tennis, ping-pong, golf, canoeing, swimming and watersports.

### WEEK 5: WEEK OF THE MUSEUM

### Ages 6 - 13 / June 24 - June 28 / 7 am - 6 pm / \$180 / Meets at Carysbrook Gym

Science Museum of Virginia, Cobblestone Pool, Virginia Museum of Fine Art, Swaders Sport Park, Monticello, Onesty Pool, Montpelier, Funland of Fredericksburg and Kings Dominion.

### WEEK 6: FUN AND MYSTERY

### Ages 6 - 13 / July 1 - July 3 / 7 am - 6 pm / \$135 / Meets at Carysbrook Gym

Get Ready for the Fourth of July! King's Dominion, Massanutten, the Escape Room and Onesty Pool.

## Register online at <u>https://fluvanna.recdesk.com</u>

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

### WEEK 7: ART & POTTERY WEEK

### Ages 6 - 13 / July 8 - July 12 / 8 am - 5 pm / \$160 / Meets at Fork Union Community Center

Explore how everyday items can be used for creative and artistic purposes. In the mornings we will explore an assortment of techniques using a wide array of materials to create pictures, toys, gadgets, jewelry and more. We will also explore math, art and some other aspects of STEM. After lunch we will play in the mud and explore clay! Campers will learn various hand building techniques to make and paint their own items (pots & vases, fantasy creatures, monsters, bug-buddies, self-portrait mobiles, jewelry, sculpture, etc.) Pieces will be fired and painted, all creations will be finished by the end of the session. *Class includes materials.* 

### WEEK 8: SPORTS WEEK LAKE MONTICELLO

Ages 6 - 15 / July 15 - July 19 / 7 am - 6 pm / \$175 / Meets at Carysbrook Gym Lake Residents will be able to drop off at the Clubhouse at 9 am and Pick-up at 4:30 pm Basketball, softball, tennis, ping-pong, golf, canoeing, swimming and watersports.

### WEEK 9: WEEK OF THE MUSEUM

### Ages 6 - 13 / July 22 - July 26 / 7 am - 6 pm / \$180 / Meets at Carysbrook Gym

Science Museum of Virginia, Cobblestone Pool, Virginia Museum of Fine Art, Swaders Sport Park, Monticello, Onesty Pool, Montpelier, Funland of Fredericksburg and Kings Dominion.

### WEEK 10: VIRGINIA THEME PARKS ~ SURF N' TURF Ages 6 - 15 / July 29 - August 2 / 7 am - 6 pm / \$225 / Meets at Carysbrook Gym

End the summer with a thrill and a splash! Bush Gardens, Water County USA, Massanutten Waterpark, Kings Dominion and Soak City.

## Register online at <u>https://fluvanna.recdesk.com</u>

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org



**FLUVANNA** Parks & Recreation





### FCPR SUMMER VOLLEYBALL CLINICS

Hosted by Nicole Hackenberg and Staff, including former and current Fluvanna County High School All-District and All-State players and Division I, II, and III college players. Nicole was an All-Conference NCAA volleyball player; she also made the final callbacks for the 1993 US Olympic Volleyball Team. She has coached at the Lehigh University, Penn State University, Juniata College, Susquehanna University, Marian Catholic High School in Pennsylvania, and Fluvanna County High School.

### BEGINNER - INTERMEDIATE PLAYERS (minimal experience necessary)

### Grades 5 - 10 / June 17 - 21 / 8 am - 12 pm / \$90 / Carysbrook Gym

Girls going into 5<sup>th</sup> –through 10<sup>th</sup> grades. You will spend 5 fun-filled days learning the basic skills of volleyball in preparation for more competitive play. This great opportunity will introduce you to the skills of the game. Please note that girls should bring a snack or light lunch and plenty to drink on a daily basis! Other necessities include the following: cross-training or volleyball sneakers and knee pads.

### **INTERMEDIATE - ADVANCED PLAYERS**

### Grades 8 - 12 / June 18 - 20 / 1 - 4 pm / \$30 per Session / Carysbrook Gym

Girls going into 8<sup>th</sup> through 12<sup>th</sup> grades. You will spend several fun-filled days participating in drills to better your game and to get in shape for playing competitive volleyball. This is a great opportunity to refine and specialize your skills! Camp participants should pack a nutritious snack and plenty to drink. Other necessities include the following: cross-training or volleyball sneakers and knee pads.

### Clinic 1: Tuesday, June 18: Setting

Clinic 2: Wednesday, June 19: Passing/Defensive Passing Clinic 3: Thursday, June 20: Hitting/Blocking

### FCPR YOUTH BASKETBALL DAY CAMP

### Ages 5 - 12 / July 8 - 12 / See Times Below / \$50 / Carysbrook Gym

The game of basketball is a fun experience for all ages. This camp is designed in a non-competitive environment to teach boys and girls the fundamentals of passing, dribbling, shooting, offensive and defensive strategies. Learn these fundamentals while having lots of fun with your new friends.

Ages 5 - 8 years: 9 - 10:15 am Ages 9 - 12 years: 10:30 am - 12 pm

### Register online at https://fluvanna.recdesk.com

For questions, please contact Aaron Spitzer at (434) 589-2016 or aspitzer@fluvannacounty.org

### TENNIS DEVELOPMENT ACADEMY DAY CAMP

## Ages 8 - 16 / All Skill Levels / See Dates Below / 9 - 12:00 pm / \$125 per Session / Camp Friendship

This tennis training program is designed to improve each player's strokes and game strategy, match play skills, mental preparation and fitness. This is a great opportunity for local children to meet young players from around the world. The program allows residential campers and local tennis players get together on the tennis courts of Camp Friendship. The program is run by Alina Ackenbom, USPTA-certified Elite Professional. Sign up early! Spaces are limited!

### Not able to commit to 5 days a week? Drop in rate is \$30 a day but must register in advance.

Session 1: June 17 - 21	Session 4: July 8 - 12	Session 7: July 29 - Aug 2
Session 2: June 24 - 28	Session 5: July 15 - 19	Session 8: Aug 5 - 9
Session 3: July 1 - 5	Session 6: July 22 - 26	Session 9: Aug 12 - 16

### Register online at <u>https://fluvanna.recdesk.com</u>

For questions, please contact Aaron Spitzer at (434) 589-2016 or aspitzer@fluvannacounty.org Friendship Tennis Academy is located at Camp Friendship, 573 Friendship Way, Palmyra.





### **EQUUS SPRINGS FARM DAY CAMP 2019**

### Ages 8+ / July 22 - 26 / 8 am - 4 pm / \$299 / Full Day Regular Session / All Skill Levels Ages 9+ / July 8 - 12 / 8 am - 4 pm / \$299 / Full Day Intermediate Session / Experienced

Spend a week at a family run working Horseback Riding Stable where the learning opportunities are endless: riding lessons, horse care, feeding, first aid, clipping, tack care, hoof care, bathing, trail riding, anatomy, judging, critiquing, showmanship, training, foaling, pool time, games on horseback, field trips, crafts, and so many more possibilities. Daily riding lessons, weather permitting. Improve your intro/beginner to intermediate riding skills. *Find out what it really means to own a horse.* Proper riding boots required. Bring your lunch, swim suit, towel, sunblock, and dress for the weather each day, as this is an **OUTDOOR** camp. *Participants will be actively involved in the daily routine of running a horse farm; learning by doing, and getting dirty, hot, and tired.* 

Registration deadline one week prior to camp start date. Online at https://fluvanna.recdesk.com

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org



## PLEASANT GROVE PARK

## May 8, May 9, May 10 & May 11 FREE ENTRY - FREE PARKING

**RIDES: \$15 Armbands or \$1 per Ticket** 

Wednesday, May 8 Thursday, May 9 Friday, May 10 Saturday, May 11 6 pm to 10 pm 6 pm to 10 pm 4 pm to 10 pm 10 cm to 3 pm



10 am to 3 pm & 5 pm to 10 pm







For questions, please contact Aaron Spitzer at (434) 589-2016 or aspitzer@fluvannacounty.org

## **OUTDOOR ACTIVITIES**

### LLAMA TREKS AT LOWER SHERWOOD LLAMA FARM

10+ or with accompanying adult / \$50 / Trek Leaders: Heather Antonacci and Paige McGrath

SESSION 1: Monday, May 20, at 2:00 pm

SESSION 2: Monday, June 10, at 10:00 am

Enjoy a leisurely walk in the woods with a llama as your companion. Guided along roughly 3 miles of trails, learn about llamas and the local flora and fauna along the way. Each person gets to walk their own llama. Younger children may accompany an adult. Each walk has room for up to 8 people. Bottled water provided. Please wear appropriate shoes for a hike in the woods as we will be crossing creeks. No flip flops, clogs or open-toed shoes. The introduction to the llamas and the walk takes about 2 to 3 hours..

Must register in advance. Directions to Lower Sherwood will be provided once your registration is confirmed. For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

### HORSEBACK RIDING CLASSES AT EQUUS SPRINGS FARM

Hunt Seat and Western Lessons Available / Instructor: Heather Antonacci

### INTRODUCTION TO HORSEBACK RIDING

Ages 5 - 95 / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

Little or no riding experience. Learn grooming, tacking, and riding.

Session 1:	May 30 - June 20	Thursdays	6:00 - 7:00 pm
Session 2:	June 1 - June 22	Saturdays	9:00 - 10:00 am
Session 3:	June 19 - July 10	Wednesdays	4:30 - 5:30 pm
Session 4:	June 28 - July 19	Fridays	6:00 - 7;00 pm
Session 5:	July 13 - Aug. 3	Saturdays	9:00 - 10:00 am
Session 6:	July 25 - Aug. 15	Thursdays	4:30 - 5:30 pm

### **BEGINNER HORSEBACK RIDING**

### Ages 6+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

Beginners with experience who are able to trot independently and control speed and direction of horse.

Session 1:	May 30 - June 20	Thursdays	4:30 - 5:30 pm
Session 2:	June 8 - June 29	Saturdays	9:00 - 10:00 am
Session 3:	June 14 - July 5	Fridays	6:00 - 7:00 pm
Session 4:	July 11 - Aug. 1	Thursdays	6:00 - 7:00 pm
Session 5:	July 20 - Aug. 10	Saturdays	9:00 - 10:00 am

### INTERMEDIATE HUNTER HORSEBACK RIDING

### Ages 8+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

For those with lots of experience; must be able to canter and jump 18" or lope patterns safely in a group.

Session 1:	June 7 - June 28	Fridays	4:30 - 5:30 pm
Session 2:	July 6 - July 27	Saturdays	9:00 - 10:00 am
Session 3:	July 12 - Aug. 2	Fridays	6:00 - 7:00 pm

### For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

## **OUTDOOR ACTIVITIES**

### **INTRO to KAYAKING**

### Ages 18+ / Saturday, Aug. 3 / 6-8:30 pm / \$25 / Meets at Beach 4, Lake Monticello

Covers the basics of kayaking, the fundamentals of paddling and safety afloat. Kayak, paddle and lifejacket (PFD) provided. **Must register in advance. Class size limited to 8 participants.** 

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

### **RIVANNA RIVER HISTORY FLOAT**

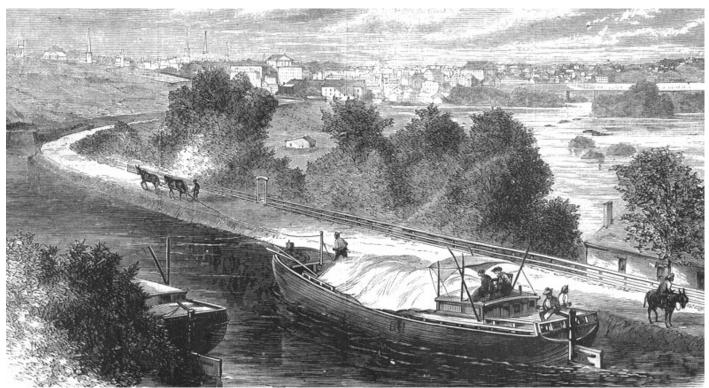
### Ages 18+ / Sundays, May 19 • June 30 • July 28 • Aug 25 • Sep 22 / 9 am - 4 pm / \$20 Meets at the Palmyra VDGIF Boat Launch on Route 53 (Thomas Jefferson Parkway)

Take a leisurely and educational float down the Rivanna River from Crofton to Palmyra. Guided by local historian and boatman Brian Coffield. You will stop and visit historic sites and structures that were an integral part of commercial navigation on the Rivanna in the 18<sup>th</sup> and 19<sup>th</sup> centuries.

Participants responsible for boat/paddle/life jacket, etc. (rentals available for \$10).

Meets at the *Palmyra VDGIF Boat Launch* – shuttle is provided. *Paddling experience required*. You must be able to carry one end of a boat and assist in lifting it onto a trailer. Participants may bring their own boat, paddle and PFD, or arrange for a rental boat. All participants should bring their own snacks, lunch, water, insect repellant, sunscreen, hat and river shoes. **Must register in advance.** 

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org



Learn about Fluvanna's vibrant past, and the life of canallers, as you paddle down the Rivanna River.

In the event of inclement weather, water activities sponsored by FCPR will be postponed or canceled . Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8am - 5pm.

Pleasant Grove Park OISG GOLF Heritag Brush Arbo 15 We have opened all 18 18 18 holes of our disc 12 13 *qolf course!* 11 Access the disc golf course between the 10 soccer and baseball Ρ 800 200 400 1,200 Feet 0 fields. 1 

## Don't have a disc? We rent Disc Golf Sets!

**Rentals:** Disc golf sets are for rent from the Pleasant Grove House Museum for **\$5 per Set**, including disc carrying bag. *\$50 security deposit for each disc golf set rented. Call (434) 589-2016 for info.* 

### Learn The Disc Golf Lingo

Grip it and Rip it; a good throw Nestle; when you throw a little off the fairway into the trees That was some serious tree love; after a friendly tree nick That's PARKED; after throwing a drive within 20 ft. of the basket Your in the SCHULE; Deep Rough, almost impossible to get out Your in JAIL; see SCHULE

Nice Up; compliment after a long upshot

That's the Local Route; after getting through the shule and trees with a shank and then being parked

That was a BOMB; a huge impressive drive or throw

Get Skippy with it; trying to skip your disc

Your in the Bird Sanctuary; your so close you better make it

Get Rolly with it; you want your disc to roll closer to the basket

In the event of rain, the trails at Pleasant Grove Park, including the Disc Golf Course will be closed. Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8am - 5pm.

# Discount Tickets

**Good Any Day:** \$43.00 ages 3 and above. Valid any regular operating day during the 2019 season except park rental days, check website for those dates/days. **www.KingsDominion.com** 

Super Saving Tickets: \$40.00 ages 3 and above.

Super Saving Tickets valid for the following dates:

March 30 – May 19 / July 5 – July 31 / September 21 – October 27

### Purchase Kings Dominion Discount Tickets at

**Pleasant Grove House Museum** 

271 Pleasant Grove Drive Palmyra, Virginia (434) 589-2016 Fluvanna Community Center 5725 James Madison Highway Fork Union, VA 23055

(434) 842-3150



Call (434) 589-2016 for information

### **ATHLETICS AND FITNESS**



OPEN GYM / Free / Summer Hours May 28 - Aug. 10 / Carysbrook Gym Carysbrook Gym will be closed Aug. 12 - Aug. 17 Hours subject to change and closure. Call (434) 589-2016 or Check our Facebook page for current hours and closures. www.Facebook.com/FluvannaParksandRecreation

- Monday 6:30-9 pm Pickleball
- Tuesday 6:30-9 pm 17 under Basketball
- Wednesday 6:30-9 pm all age Basketball
- Thursday 6:30-9 pm adult Basketball
- Saturday 6-8 pm adult Pickleball



Pickleball is a cross between Ping Pong, Tennis, and Badminton. Players use oversized wooden paddles and a whiffleball that moves and bounces slower than a tennis ball. The game is played on a badminton-sized court that is divided by a 34 inch high net making the game easier for athletes to cover the court. Pickleball the easiest sport to learn and the hardest to master. No equipment is needed. Paddles and balls are provided.

Come and join this activity, which is fast paced, easy to learn, great exercise, and a lot of fun.

For questions, please contact Aaron Spitzer at (434) 589-2016 or aspitzer@fluvannacounty.org

## **ATHLETICS AND FITNESS**

### HATHA YOGA 1 & 2 MIXED LEVELS

### Ages 16+ / See Dates Below / 10:30- 11:45 am / \$48 / Fluvanna Community Center

Discover new health and serenity by learning to both tone and relax the body and to calm the mind. Bring a mat and small pillow. Do not eat for two hours prior to class. Beginners are welcome! Instructor Devi Peterson (RN) is certified to teach Integral Yoga Hatha Levels 1 and 2. If you need to register before class, please arrive 15 minutes early.

Session 1:	Mondays	June 10 - July 15
Session 2:	Wednesdays	June 26 - July 31
Session 3:	Mondays	July 22 - Aug. 26
Session 4:	Wednesdays	Aug. 7 - Sept. 11



### Register online at https://fluvanna.recdesk.com

For questions, please contact Aaron Spitzer at (434) 589-2016 or aspitzer@fluvannacounty.org

### FAST / SUMMER SWIM / WWW.ISWIMFAST.ORG

Ages 4 -18 / May 28 - July 27 / All Skill Levels / \$160

Practice held at Fork Union Military Academy (FUMA)

### Monday, Tuesday, Wednesday and Friday mornings: 7 - 8 am and 8 - 9 am

### Monday, Tuesday Thursday and Friday evenings: 6 - 7 pm and 7 - 8 pm

FAST (Fluvanna Aquatics Swim Team) is a summer swim team and part of the JSL (Jefferson Swim League). The summer swim league competes with other local swim teams, but our primary focus is learning and improving upon swim strokes. We offer the widest range of practice times that will suit your needs. We also participate in team social activities that include our family and friends - such as outings to drive-in movie theatres, team dinners at local restaurants, and more!



For questions, please contact Aaron Spitzer at (434) 589-2016 or aspitzer@fluvannacounty.org Register online at www.iswimfast.org/swim-programs/summer-swim



## **DOG OBEDIENCE TRAINING**

About the Instructor: Upon graduating from UVA, Ashleigh Morris looked to the dog world for a career path. Her natural ability with dogs led her to pursue a career in dog training. Studying under an Animal Behavior Consultant, Ashleigh learned a variety of skills to help people solve their dog's behavior problems. She also learned to train dogs and humans in the basic skills needed to enhance the human - animal bond. Ashleigh has been training on her own since 2005 and continues to expand her knowledge and education in order to help people mold their dogs into the perfect companion. She uses positive reinforcement methods. **Contact Ashleigh Morris at (434) 589 -7209 or aymorris@hotmail.com with any questions.** Register online at https://fluvanna.recdesk.com

### **BEGINNING OBEDIENCE**

All Ages / See Dates & Times Below / \$80 per Session / Dog Spot @ Fluvanna Community Center Dogs will be dogs until humans teach them proper manners. Learn how to positively motivate your dog to learn how to live in the human world. This class teaches sit, look, down, stay, come, leave it, and loose leash walking — all building blocks to a well-mannered dog. Typical behavior problems and solutions for biting, barking, and many other issues will be discussed. Dogs of all ages with up-to-date shots are welcome. Families are encouraged to attend together.

Session 1:	May 8 - June 5	Wednesdays	6:30 - 7:30 pm	
Session 2:	May 9 - June 6	Thursdays	10:00 - 11:00 am	
Session 3:	June 11 - July 16	Tuesdays	6:30 - 7:30 pm (class skips June 25)	
Session 4:	June 12 - July 17	Wednesdays	4:00 - 5:00 pm (class skips June 26)	
Session 5:	July 23 - Aug. 20	Tuesdays	10:00 - 11:00 am 🛛 🔭 🥐	- 5
Session 6:	July 24 - Aug. 21	Wednesdays	6:30 - 7:30 pm	

### CANINE GOOD CITIZEN OR INTERMEDIATE OBEDIENCE OR CONFIDENCE CLASS\* Dates and Times Below / \$80 / Dog Spot @ Fluvanna Community Center

		•	•
Session 1:	May 8 - June 5	Wednesdays	7:30 - 8:30 pm (Int. Ob. Will end May 29)
Session 2:	May 9 - June 6	Thursdays	9:00 - 10:00 am (Int. Ob. Will end May 30)
Session 3:	June 11 - July 16	Tuesdays	7:30 - 8:30 pm (Int. Ob. Will end July 9)(skip June 25)
Session 4:	June 12 - July 17	Wednesdays	3:00 - 4:00 pm (Int. Ob. Will end July 10)(skip June 26)
Session 5:	July 23 - Aug. 13	Tuesdays	9:00 - 10:00 am (CGC will end Aug. 20)
Session 6:	July 24 - Aug. 14	Wednesday	7:30 - 8:30 pm (CGC will end Aug. 21)

\*Depending on demand, one of these classes will run during the designated dates and times. Please let Ashleigh know as soon as possible which class you are interested in. You will be contacted closer to the class date as to which class will be held. Since the Confidence Class is held outdoors, the dates/times it is offered is seasonal

**FCPR INCLEMENT WEATHER POLICY:** In the event of inclement weather, the Fluvanna County Parks and Recreation Department's sponsored activities will be cancelled when Fluvanna County Public Schools are on a delay or closed due to inclement weather. Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8am - 5pm.

## **DOG OBEDIENCE TRAINING**

### **CANINE GOOD CITIZEN**

FCPR

This class is designed to teach you how to teach your dog to be a good citizen in the community. Ashleigh will spend each class teaching and perfecting the 10 skills needed to pass the AKC Canine Good Citizen test. She is an approved AKC Canine Good Citizen Test evaluator.

The official AKC CGC Test is offered for an additional fee at graduation. This is a 5-week class.

### **CONFIDENCE BUILDING**

Help your dog gain confidence while you have fun teaching your dog to conquer a variety of obstacles. The more dogs learn and try new things, the more confidence they obtain. Continuing to work together helps them place more trust in their human and strengthen your bond. This is a 4-week class.

### INTERMEDIATE OBEDIENCE

Take your dog's training to the next level. In Intermediate Obedience, learn to get your dog to focus on you and respond to you with lots of distractions. You and your dog will build on the skills learned in Beginning Obedience. There is a focus on hand signals and making the basic commands more challenging. This is a 4-week class.

\*Graduates of the Beginning Obedience Class may enter these classes. If you have a question about your dog's obedience level please contact Ashleigh at (434) 589 -7209 or aymorris@hotmail.com

### DOG TRAINING ONE-DAY CLINICS

### Dates and Times Below / \$30 per Clinic / Dog Spot @ Fluvanna Community Center

A dog-training session without your dog? It's a great way to get started, or to refresh what you've already learned. Clinic I is the prerequisite for moving forward in a series to school a canine companion you'll be proud of (unless you have done training with Ashleigh). Once you've grasped the basics, you can sign up for the second, third and fourth installments to build a vocabulary of commands. (Your 4 legged friend gets to attend the other Clinics with you).

### Clinic I: Tuesday, May 7 6:00 - 7:00 pm

**WITHOUT DOGS!** No, you didn't read that wrong! This Clinic is designed so that the 2-legged students can learn how to use positive reinforcement to achieve training goals. Since you are your dog's primary trainer, it is a must for you to understand how to communicate with them and to help them grow into the canine companion that you would like for them to become.

### Clinic II: Tuesday, June 4 6:00 - 7:00 pm

Look, sit, come, stay & wait (perfect for teaching the dogs not to dash out the door).

### Clinic III: Wednesday, July 10 6:00 - 7:00 pm

Look, sit, come, down & settle (ideal for having the dogs chill while company is over).

### Clinic IV: Tuesday, Aug. 6 6:00 - 7:00 pm

Look, sit, come, leave it & drop it (a must if the dog snags an item they shouldn't have).

Contact Ashleigh Morris at (434) 589 -7209 or aymorris@hotmail.com with any questions. Register online at https://fluvanna.recdesk.

## **TWEEN NIGHT**

TWEEN GAME NIGHTS / All County Tweens Welcome! / Enter at Main Gate Ages 12 - 15 / May 17, June 15, July 13 / 7 pm - 10 pm / FREE / Lake Monticello Clubhouse Tell the main gate you're here for Tween Night. Must be signed-in and signed-out by an adult. Get ready for some competition! Catan, Monopoly, Risk and many other board games. Enjoy popcorn and pizza while playing games with your friends. *Door Prizes! Raffle!* 

We will be posting updates on our Facebook page: www.Facebook.com/FluvannaParksandRecreation





For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

## Pleasant Grove's New Farm Heritage Museum

The Farm Heritage Museum is a joint project of Fluvanna County and the Historical Society. Completed in early 2018 the museum placed 2<sup>nd</sup> in the National Frame Building Associations annual awards category out of thousands of entries nation wide. The new museum will display historic farm equipment related to Fluvanna's rich agricultural history.

### Farm Heritage Museum Hours:

Monday - Wednesday - Friday,

10 am - 2 pm Saturday and Sunday,

12 - 4 pm



## Wednesday August 14 thru Saturday August 17 PLEASANT GROVE PARK

## SCHEDULE

- Wednesday: 6 pm to 10 pm, Carnival Only
- Thursday: 4 pm to 10 pm, Gate Fee: \$2
  Carnival Rides start at 6 pm
  18 and Under FREE ~ FCHS Pep Rally!
- Friday, 4 pm to 10 pm, Gate Fee: \$2
  Carnival Rides start at 4 pm
- Saturday, 10 am to 10 pm, Gate Fee: \$2
  Carnival Rides Closed 3 pm to 5 pm

Vendors contact Aaron Spitzer for questions at (434) 589 - 2016 or aspitzer@fluvannacounty.org

- FCHS Pep Rally
- Carnival Rides
- + 4-H Events
- Tractor Pull
- + LIVE Music
- Local Crafts
- Food Vendors
- Livestock
- · RODEO

## ANNOUNCING EMPOWERED PLAYERS FREE SUMMER 2019 PROGRAMS!



Young Empowered Players Camp - Ages 5-13 June 17-22, 2-5pm Carysbrook Performing Arts Center





EMPOWERED PLAYERS CAMP - AGES 8-14 JULY 8-13, 2-5PM CARYSBROOK PERFORMING ARTS CENTER

THE EMPOWERED PLAYERS TROUPE PRESENTS:

## SUMMER SHOW SPECTACULAR! Details to be announced!

EMPOWERED PLAYERS TROUPE CAMP - GRADES 9+ JULY 15-20, 2-6PM CARYSBROOK PERFORMING ARTS CENTER EMPOWERE PE AUDITIONS TBD CARYSB

EMPOWERED PLAYERS TROUPE PLAY - AGES 14+ PERFORMANCE JULY 27 AT 3PM AUDITIONS TBD - REHERARSALS BASED ON CAST AVAILIBILTY CARYSBROOK PERFORMING ARTS CENTER

To register, visit www.empoweredplayers.com/summer-registration

## 2019 Summer Reading @ Fluvanna Library

Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963

webpage: <u>www.fcplva.org</u> phone: (434) 589-1400 email: <u>fluvannalibrary@gmail.com</u>

## A UNIVERSE OF STORIES!

Registration for Reading Program & designated Activities begins MONDAY, May 6.

Kids (ages infants – 8) – 15 minutes Tweens (ages 9–12 or reading J books) 30 minutes

Mark off 1 spot for every time increment you read. Complete 10 dots and win a FREE book or a spin of the prize wheel (Up to  $10 \times -5$  spins & 5 books) & a chance to win the Grand Prize (Kids – Amazon Fire Tablet/Tweens – 2-in-1 Laptop/ Notebook)

NEW Timed Reading! Teens (ages 13-18 or reading YA books) -1 hour - Mark off 1 spot for every hour you read. Complete 5 spots and turn it in - 1st 5x win a prize or a book and a chance to win the Grand Prize. Keep reading for up to 5 more chances.

(Amazon Fire 10 Tablet)

### KIDS/TWEENS/TEENS

Complete 5 chances and get an entry into the Special Drawing for a **Nintendo Switch**!

ALL Reading Logs due Saturday, August 10.

### WEDNESDAY mornings at 11 a.m.

- June 12 Larsen's World of Reptiles (live animals)
- June 19 Under the Sea Sharks! (live animals)
- June 26 Wes Iseli's Party Magic (magician)
- July 10 Goodlife Theater Going Buggy (shadow puppets/storyteller)
- July 17 Amazing Mr. B (magician)
- July 24 Sciencetellers: Aliens: Escape from Earth (science)

### JOIN US FOR A CRAFT PROJECT FROM

10-12:30 P.M. While supplies last.

MUSICAL FUN ON A SATURDAY! (All ages) Peter McCory - One Man Band Saturday, June 22 at 11 a.m.

Mother Goose on the Loose Story Time (Ages infant-5) Tuesdays, June 4 - July 23 at 10 a.m.

Musical Story Time (Ages infant-5) Fridays at 10 a.m. June 14, 28 & July 12, 26

**Sensory Play (Ages infant-5)** Fridays at 10-11 a.m. June 7, 21 & July 5, 19 Dress for a possible mess. Adult supervision required!!

**LEGO Builder Party** Fridays - 1-3 p.m. NEW LEGO Challenges! May 31 & June 14, 28 & July 12, 26

**Craft Lab** – **Make it! Take it!** 2-4 p.m. No Sign-up Needed – While Supplies Last All ages welcome!

- Mother's Day Crafts Thurs., May 9
- Father's Day Crafts Thurs, June 13
- Patriotic Crafts Mon., July 1
- Summer Crafts Thurs., July 11

### Sing Along Movies

Bring Your Own Snack or Drink! No Sign-up Needed!

**Tuesday**, **June 4** - 2 p.m. - Little Mermaid (G)

Tuesday, July 16 - 2 p.m. - The Greatest Showman (PG)

**Tuesday, July 30** – 2 p.m. – Mamma Mia: The Movie (Original) (PG-13)

### Out of this World (Star Wars) Days

Join us for fun crafts and activities! Friday & Saturday, June 7 & 8 - 10-2 p.m.

### 50th Anniversary Celebration of Landing on the Moon

Crafts, Astronaut Training and more! Friday & Saturday, July 19 & 20 - 10- 2p.m.

## 2019 Summer Reading @ Fluvanna Library

### Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963

webpage: www.fcplva.org phone: (434) 589-1400 email: fluvannalibrary@gmail.com

### Monday Movies @ the Library

Mondays @ 2 p.m. June 3 - August 5 Bring Your Own Snack or Drink! No Sign-up Needed!

### Galaxy Reading

Tuesday, June 18 – 1-4 p.m. Read in the dark! Fun glow-in-the-dark crafts

Special Movie Day Friday, May 24 at 2 p.m. FREE Popcorn! The Kids Who Would Be King (PG)

### Connect with Nature this Summer

Tuesdays at 10:30 a.m. <u>REGISTRATION REQUIRED</u> PARENTS ARE REQUIRED AT SOME PROGRAMS AND STRONGLY ENCOURAGED AT ALL!

Join the Master Naturalists, Master Gardeners, & the Library to explore the world around us.

- June 4 Solar System and Life on a Planet Library (All ages)
- June 11 Bluebirds, Bluebird Monitoring, and Other Birding Activities - Library (All ages)
- June 18 Survival Skills Dog Park (Ages 9+ with an adult/guardian)
- June 25 Look Up and Around Nature in the Space About You - Library (All ages\*)
- July 2 Apollo Trees Trees that went to the Moon - Library (All ages\*)
- July 9 Taking Plants into Space Needs and Seeds - Library (All ages)
- July 16 Water Essential for Life on Earth and in Space - Animals that inhabit water - Pleasant Grove Pole Barn (Ages 9+ with an adult/guardian\*)
- July 23 Living on Other Planets Library (All ages) this will build upon the previous session on "Taking Plants into Space"
- July 30 Woodpeckers Pleasant Grove Museum Nature Room (All Ages with an adult/guardian\*)

\*Participants in activities that include hikes should bring a water bottle AND wear comfortable walking shoes - NO FLIP FLOPS please.

## Workshops!

**<u>REGISTRATION REQUIRED!</u>** (Reg. starts May 6). Classes may be cancelled due to low registration.

### KIDS AGE 5+

- Sand Art Thurs., June 6 at 2 p.m.
- Fairy Gardens Choose One Thurs., June 20 at 2 p.m. OR Thurs., July 11 at 10:30 a.m.
- Galaxy T-Shirts Bring WHITE T-Shirt Choose One - Thurs., June 13 at 2 p.m. OR Thurs., July 18 10:30 a.m. (Adult MUST attend!)

### KIDS AGE 9+

- STEM Lab Choose One Thurs., June 6 at 10:30 a.m. OR Thurs., July 11 at 2 p.m.
- Sphero (Robots) Choose One Thurs., June 13 at 10:30 a.m. OR Thurs., July 18 at 2 p.m.
- Ozobots (Robots) Choose One Thurs., June 20 at 10:30 a.m. OR Thurs., July 25 at 2 p.m.
- Duct Tape Choose One Tues., June 11 at 3 p.m. OR Tues., July 9 at 3 p.m.
- Snap Circuits Choose One Friday, June 21 1-3 p.m. OR Friday, July 5 1-3 p.m.
- Stained Glass Mandalas Tues., June 25 at 2 p.m.
- Slime Party Thurs., June 27 at 10:30 a.m.
- Wizards Day! Join us for fun crafts and activities! Choose One – Saturday, July 13 – 10-12 noon OR 1-3 p.m.

### KIDS AGE 12+

- String Art Wed., July 17 at 3 p.m.
- Rockets! Saturday, June 15 10-12 noon
- Yarn Animals Wed., July 10 at 3 p.m.
- Solar System Bracelet or Luminary Wed., June 26 at 3 p.m.
- **DIY Spa Workshop** Learn how to create your own products! Wed., June 12 at 3 p.m.

### EARN AN ENTRY INTO A DRAWING FOR AN AMAZON FIRE 10 TABLET FOR EVERY REGISTRATION REQUIRED WORKSHOP YOU ATTEND!

### ACTIVITIES ARE FREE TO THE PUBLIC AND SPONSORED BY THE FRIENDS!

Pleasant Grove Park: A Natural Experience

### Virginia Master Naturalist Led Monthly Hikes at 1 PM On the Second Saturday of Each Month: Naturalist

- May 11 Meet at the Nature Room at the Pleasant Grove House Summer Kitchen at 1 PM to see our collection of nature artifacts including bird nests and eggs, animal skulls and bones, mounted birds, etc. Then join us as we visit one of the bluebird houses at Pleasant Grove with a bluebird monitor. Learn how to encourage bluebirds on your property.
- June 8 Meet at the Pole Barn at 10 AM. We'll hike along portions of Red's and Burke Heights Trails to observe the wildlife and plants in, and around, the creek, the bottomland and the hills. We will observe how the summer season has changed these wildlife habitats.
- July 13 Meet at the Dog Park upper picnic shelter at 10 AM to hike the Sandy Beach Trail to look for animal signs, tracks and artifacts. Return via the River Anne Trail as we observe wildlife in the sloughs and wetlands along the Rivanna River.
- August 10 Meet at the Pleasant Grove Museum House Nature Room at 10 AM to hike the Self Guided Nature Trail. You'll learn about the many ways nature is alive at the Park and gain an appreciation of the various Park wildlife habitats, native plants and animals.
- September 14 Meet at turnabout (on the way to the sports fields) at 10 AM to hike the Quail Meadow Trail through the wildlife meadows. You will experience the variety of birds, plants and animals that inhabit these grasslands, long prized by Native Americans.

### These nature experience opportunities are available every time you visit Pleasant Grove Park:

- $\Rightarrow$  Visit the Nature Room at the Pleasant Grove House Summer Kitchen to see the interpretive exhibits, animal artifacts and mounted birds
- $\Rightarrow$  Take the self-guided nature hike starting at the kiosk behind the caretaker's house (brochure available)
- $\Rightarrow$  Visit the native plant Butterfly Garden (brochure available)

Virginia

Maste

- $\Rightarrow$  Take a hike on one of the 23 trails covering over 20 miles (Trail Map with habitat descriptions available)
- $\Rightarrow$  Hike through one of the 4 Wildlife Meadows and observe the wildflowers, native grasses and animal wildlife (see Trail Map)
- $\Rightarrow$  Go birding Pickup a birding checklist and go walking in the Park (bird id field guides available for checkout)
- $\Rightarrow$  Hike the Tree ID Trail behind the Library to observe 23 native tree species identified by interpretive plagues (children scavenger hunt brochures available, with prizes for completion, at the Library)
- ⇒ Observe one of the Bluebird, American Kestrel, Bat or Eastern Screech Owl Nesting Boxes in the Park

### Brochures, guides and maps are available at the Farm House, the Nature Room (in the Summer Kitchen), the Library, and many kiosks in the Park.

Also visit **www.rivannariver.org** to find out about other nature opportunities in Fluvanna County including nature hikes at Scheier Natural Area, with 100 acres, 8 ponds and 3 miles of hiking trails.

Check trail conditions the day of the hike at www.Facebook.com/FluvannaParksandRecreation or call the Pleasant Grove House Museum at (434) 589-2016



## Share the Trail

## Pleasant Grove Park has multi-use trails.

### Please be considerate of other visitors.



The yield triangle is an effective technique to share the trails. The first rule is all horse users have the right of way at all times. All trail users should engage in communication with stock and horse users to allow them to pass in the safest way possible. Yield to horse users by stepping to the downhill side of the trail.

The second rule is that bikers yield to all other trail users on a multi-use trail. Bikers hold a mechanical advantage, and should be in control of their speed at all times on a multi-use trail.

The third rule is that hikers must be aware of their surroundings and yield to horse users and have the right of way when seeing a biker.

When downhill and uphill trail users meet it is common practice for uphill hikers to have the right of way. This is because starting and stopping when traveling uphill is considered much more difficult than traveling downhill. Therefore when downhill trail users see uphill trail users coming these users should locate a safe and durable spot to step aside.

Thank you for being safe and sharing the trails at Pleasant Grove Park.

### **Hiking Trail Added to Fluvanna Parks and Recreation Trail System**

Thanks to the Fluvanna Heritage Trail Foundation, the Heritage Rail Trail is now part of the Parks and Recreation Trail System. Located in the Village of Palmyra, the Heritage Rail Trail is a half-mile trail that follows the former route of the Virginia Air Line Railway. The railway was a popular local spur that connected Fluvanna County to Charlottesville and Richmond through the 1930s. Parking for the Heritage Rail Trail is across from the Civil War Park in the Village of Palmyra. With a new monument just recently dedicated to the Emancipation Proclamation, Palmyra is well worth the visit, especially for history enthusiasts and genealogists. Visitors to the Heritage Rail Trail are also encouraged to see the Old Stone Jail, a museum run by the Fluvanna County Historical Society, and "Maggie's House," the society's offices and archives. *Good weather is right around the corner, so come out for a hike with FCPR!* 



To learn more and to get involved in our community please visit www.FluvannaCounty.org or www.LNT.org or like us on Facebook www.Facebook.com/FluvannaParksandRecreation

## RENTALS & RATES

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

### **Pleasant Grove Park**

Athletic Fields: \$10/hour Baseball, Softball, Soccer Tournaments: \$75/day Pole Barn: \$75/day - \$100 Deposit Utilities: \$25/day Horseback Trails: \$8/ Daily Outdoor Stage: \$100/day - \$100 Deposit Meeting Room: \$10/hour - \$100 Deposit

### Eastern Trailhead Pavilions (Dog Park)

Large Pavilion: (40 people): \$50/day - \$100 Deposit

Small Pavilion: (25 people): \$25/day - \$100 Deposit

### Fluvanna Community Center

Meeting Room: \$20/hour - \$100 Deposit Auditorium: \$75/hour - \$100 Deposit Staffing Fee (after hours): \$15 hour

### **Carysbrook Sports Complex**

Athletic Fields: \$10/hour-\$100 Deposit \*with lights \$20/hour Tournaments: \$75/day - \$100 Deposit Gymnasium: \$50/hour-\$100 Deposit \*with tarp \$75/hour Staffing Fee (after hours): \$15 hour

Carysbrook Performing Arts Center Auditorium: \$75/hour - \$100 Deposit Staffing Fee (after hours): \$15 hour

<u>Civil War Park</u> Downtown Palmyra, VA 1/2 acre with picnic tables, near the Old Stone Jail Museum

### <u>Tables</u>

**Rectangular:** \$3 each per day - \$50 Deposit **Round:** \$5 each per day - \$50 Deposit

<u>Chairs</u> \$1 each per day - \$50 Deposit

<u>Big Tent</u> 18' x 30' Tent Canopy \$100/day - \$100 Deposit



### <u>Small Tent</u> 14' x 20' Tent Canor

**14' x 20' Tent Canopy** \$75/day - \$100 Deposit

### CANOE LIVERY at PLEASANT GROVE

RENT CANOES and KAYAKS / \$25 per day, \$45 per weekend /\$100 security deposit per boat. Call (434) 589-2016 to arrange rental. Includes paddles and Personal Floatation Device (Lifejacket).

### <u>RIVANNA RIVER SHUTTLE / CROFTON PUT-IN</u> <u>TO PALMYRA TAKE-OUT</u>

\$5 per Person - 4 Person Minimum or \$20 minimum required

**3 Day Notice Required, please call:** (434) 589-2016 or (434) 842-3150

or email **pghmuseum@fluvannacounty.org** to inquire about arranging a Shuttle.

At the agreed date and time, a shuttle will meet you at the Palmyra VDGIF Boat Launch (RT 53 & RT 15), transporting you and your boats to the Put-In at the Crofton Boat Launch (S. Boston Rd.). Allowing you to paddle and enjoy the river back to the Palmyra VDGIF Boat Launch and your vehicle.

### Fluvanna County Parks and Recreation (434) 589-2016 or (434) 842-3150

www.fluvannacounty.org/parksrec

	F	Registrat	tion Fo	orm			
PAYMENT MUST ACCOMPANY THIS FORM Make checks payable to "FCPR" P.O. Box 70, Palmyra, VA 22963 (434) 589-2016							
FIIVANNA	First Name _			Mie	ldle Init	ial	
PARKS & RECREATION	Last Name _			Birth Date	/	_ Gender	<u>M / F</u>
Mailing Address							
Email Address							
Home Phone		N	Mobile Phone	e			
Emergency Contact: Nam	e			Phone			
Shirt Size:	□Adult □Sn	nall 🗆 Medium 🛛	□Large □X-I	Large			
Special Needs/Disabilities	S		Allergie	es			
Household Members:							
Name:				Birth	Date:	/	/
Name:				Birth	Date:	/	/
Name:				Birth	Date:	/	/
Name:				Birth	Date:	/	/
Activity Title	Date(s)		Time(s)		Fee (n	on-resident	add 15%)

### Assumption Of Risk

I understand the nature of the activity in which I am (my child is) being enrolled. I understand that there are certain risks inherent with participating in recreational activity and that it is the duty of each participant to exercise reasonable care for their own safety and that of other participants. If this consent is given for my child, I also understand that, while participating in the activity, my child will be expected to behave in a reasonable and responsible manner and that the activity's supervisory staff has the authority to discipline my child in a manner similar to that imposed in Fluvanna County's public schools. I understand that under Virginia law, both Fluvanna County and its employees are immune from liability for negligence should I (my child) suffer any injury while participating in the activity and that I may consider procuring insurance to protect myself (my child) from such occurrences. With all this in mind, I hereby give my consent to enroll myself (my child) in the activity indicated. I also agree for my child to be transported by Parks and Recreation to the appropriate facility for my child to participate in such class if needed.

Signature of Participant or Legal Guardian if under 18 years of age \_\_\_\_\_ Date: \_\_\_\_ Date: \_\_\_\_\_ Date:

**Refund Policy:** Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 60 days for your refund to be mailed. A \$20 service charge will be assessed for any returned checks.

Office Use Only: Rec'd Date	Ву	Check #	_ Cash	_ CC

### **FLUVANNA COUNTY PARKS AND RECREATION STAFF**

Aaron Spitzer

Director of Parks and Recreation aspitzer@fluvannacounty.org (434) 589 - 2016

### **Faith Stuart**

Active Seniors and Therapeutic Recreation Coordinator fstuart@fluvannacounty.org (434) 842-3150

### Eric Armentrout

Recreational Programs and Special Events Coordinator earmentrout@fluvannacounty.org (434) 842 - 3150

> Position Vacant Athletics and Special Events Coordinator pghmuseum@fluvannacounty.org (434) 589-2016

Malinda Payne Administrative Assistant Specialist mpayne@fluvannacounty.org (434) 589 - 2016

Brian Coffield Museum Attendant pghmuseum@fluvannacounty.org (434) 589 - 2016

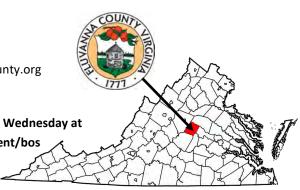
Jane Berkeley Museum Attendant pghmuseum@fluvannacounty.org (434) 589 - 2016

**MISSION STATEMENT:** Our Parks and Recreation Department's mission is to promote opportunities for residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna's natural resources.

## **FLUVANNA COUNTY BOARD OF SUPERVISORS**

Mike Sheridan, Chairman Columbia District mikesheridan@fluvannacounty.org Tony O'Brien, Vice Chairman Rivanna District tobrien@fluvannacounty.org Mozell Booker Fork Union District mbooker@fluvannacounty.org

Donald W. Weaver Cunningham District dweaver@fluvannacounty.org Patricia B. Eager Palmyra District peager@fluvannacounty.org



Board Meetings are the first Wednesday at 4 pm and third Wednesday at 7 pm of every month. www.fluvannacounty.org/government/bos

### FLUVANNA COUNTY PARKS AND RECREATION ADVISORY BOARD

Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

Tony O'Brien - BOS Liaison tobrien@fluvannacounty.org (434) 242 - 1659

Wade Parrish - Chairman parrishw@embarqmail.com (434) 981 - 4490 Jerry Custer - Vice Chairman jcuster@radiometeramerica.com (434) 589 - 3969

Scott Morris - School Liaison smorris@apps.fluco.org (434) 589 - 8208 David Wood - At Large halloween13dw@gmail.com (434) 962 - 7880

Walter Hussey - At Large whthinker@yahoo.com (703) 967 - 1798 Wendy Edwards - At Large hppermediahq@gmail.com (434) 996 - 8144

Hattie Lintecum - Student hattie805lintecum@gmail.com

Madeline Fulk - Student Maddie.fulk03@gmail.com

### FLUVANNA COUNTY... THE HEART OF VIRGINIA AND YOUR GATEWAY TO THE FUTURE

## **FLUVANNA COUNTY PARKS AND RECREATION FACILITIES**

### **Pleasant Grove House**

Museum & Welcome Center 271 Pleasant Grove Drive Palmyra, VA 22963 (434) 589-2016

- Parks and Rec Office
- County Welcome Center
- Transportation Museum
- Summer Kitchen
- Nature Room

### www.fluvannacounty.org/parksrec

### Fluvanna Community Center

5725 James Madison Highway Fork Union, VA 23055 (434) 842-3150

- Parks and Rec Office
- Fork Union Active Older Adults Center
- Playground
- Classrooms
- Rentals All Year Long

### Pleasant Grove Park and

Western Trailhead 271 Pleasant Grove Drive

Palmyra, VA 22963

- Hiking, Biking and Equestrian Trails
- Pole Barn
- Playground
- Athletic Fields, including Disc Golf
- Butterfly Garden
- Outdoor Stage

### Carysbrook Sport Complex

8788 James Madison Highway Fork Union, VA 23055

- Athletic Fields
- Gymnasium
- Playground
- Picnic Shelter

Event Updates, Photos and Trail Info... www.Facebook.com/ FluvannaParksandRecreation

### Pleasant Grove Dog Park and

### Eastern Trailhead

110 Thomas Jefferson Parkway Palmyra, VA 22963

- Dog Park with 3 fenced areas for large and small dogs
- ADA Trailhead
- Picnic Shelters
- Fitness Trail
- Hiking Trails

### **Carysbrook Performing**

Arts Center 8880 James Madison Highway Palmyra, VA 23055

- Various Performances
- Rental Options

### **Civil War Park**

Palmyra, VA 22963 1/2-acre with picnic tables, next to the Old Stone Jail Museum

## **FLUVANNA COUNTY COMMUNITY PARTNERS**

Fluvanna County Extension Office 5725 James Madison Highway Fork Union, VA 23055 (434) 591 - 1950

### Fluvanna County Library

214 Commons Boulevard Palmyra, VA 22963 (434) 589 - 1400

### School Board Office

14455 James Madison Highway Palmyra, VA 22963 (434) 589 - 8208

### Sheriff's Office

160 Commons Boulevard Palmyra, VA 22963 (434) 589 - 8211

### Fluvanna County Historical Society

14 Stone Jail Street or PO Box 8 Palmyra, VA 22963 (434) 589 - 7910 fluvannahistory@gmail.com

### Jefferson Area Board for Aging

674 Hillsdale Dr. Ste. 9 Charlottesville, VA 22901 (434) 817 - 5222 jabacares@gmail.com



Fluvanna Heritage Trail Foundation PO Box 501 Palmyra, VA 22963 (434) 589 - 4839

Fluvanna Master Gardeners (434) 591 - 1950 www.fluvannamg.org

#### Fluvanna Arts Council Box 210 Palmyra, VA 22963 (424) 842 1222

(434) 842 - 1333 Info@Carysbrook.org

Social Services 8880 James Madison Highway Fork Union, VA 23055 (434) 842 - 8221

Fork Union Military Academy 4744 James Madison Highway Fork Union VA 23055 (434) 842 - 3212

Boy Scouts of America www.bsa-sjac.org/districts/monticello

**Fluvanna Farm Bureau** 15905 W. River Road Fork Union, VA 23055 (434) 842 - 3411 Virginia Department of Game and Inland Fisheries (540) 899 - 4169 www.dgif.virginia.gov

**Child Services Act** 132 Main Street Palmyra, VA 22963 (434) 591 - 1933

### **Chamber of Commerce**

177 Main Street Palmyra, VA 22963 (434) 489 - 3262

Youth Advisory Committee www.fluvannayac.org

Partnership for Aging Curtis Putnam (434) 906-8400

Fluvanna Art Association www.fluvannaartassociation.com

Department of Social Services 8880 James Madison Highway Fork Union, VA 23055 (434) 842 - 8221

Girl Scouts of Virginia Skyline www.gsvsc.org

Event Updates, Photos and Current Trail Info... www.Facebook.com/FluvannaParksandRecreation

## FLUVANNA SPORT ORGANIZATIONS

### BASKETBALL

(Fall & Winter) Ages 3 - 17 **Contact: Thomas Baber** (434) 589 - 2016 tbaber@fluvannacounty.org

### **TENNIS**

### **Camp Friendship Tennis Center**

Contact: Alina Ackenbom (434) 589 - 5867 alina@campfriendship.com www.friendshiptennis.com

### BASEBALL

**Fluvanna Youth Baseball** (Spring) Ages 4 - 15 Baseballfluvannayouth@gmail.com fluvannayouthbaseball.com

### SOFTBALL

Fluvanna Girls Softball League (Spring & Fall) Ages 5 - 18 **Contact: Tiffany Rosales** (434) 242 - 1933 fluvannasoftball@gmail.com www.fluvannagirlssoftball.com

### FOOTBALL

Fluvanna County Parks & Recreation Jefferson District Youth Football League (Fall) Ages 8 - 14 Fluvanna County Contact: **Doug Snyder** flucofootballmom@gmail.com www.TJFYL.net

### SOCCER

**Fluvanna Youth Soccer Association** (Spring & Fall) Littler Strikers & U5 - U14 Contact: Tom Beckham at FYSAforce@aol.com www.fysa.org

### LACROSSE

Fluvanna Lacrosse Club Boys 2 - 8 Grade **Recreational Clinics and League Play** fluvannalaxclub@gmail.com

### DANCE

**Flutter Wheels Square Dance Club** Contact: Faith or Dan (434) 842-9020

### SWIMMING

Lake Monticello Swim Team (Summer) Contact: Kirsten Weimer Imstsharks@gmail.com https://lmstsharks.club

### **Fluvanna Aquatics Sports Team**

FAST (Summer) Contact: Coz DiFazio (434) 326 - 5566 Cos.difazio@gmail.com www.iswimfast.com

### Fork Union Military Academy

**Aquatic Club** (Summer) Contact: Ryan Campbell campbellr@fuma.org (434) 842 - 4210



### **Pleasant Grove House Museum**

A slice of Fluvanna history resides in the renovated Pleasant Grove House, Summer Kitchen and Farm Heritage Museums. Showcasing the history of transportation and agriculture in Fluvanna County. Pleasant Grove House also serves as Fluvanna County Parks and Rec's main office and the County Welcome Center.

Office Hours: Monday - Friday, 8 am - 5 pm **Museum Staff Guided Tour Hours:** Monday, Wednesday and Friday 10 am - 2 pm Saturday and Sunday 12 - 4 pm

### Address:

271 Pleasant Grove Drive Palmyra, VA 22963 Phone: (434) 589 - 2016



The Pleasant Grove House Museum, built by William D. Haden in 1854, is now the headquarters for Fluvanna County Parks and Recreation.